



YMCA 3v3 Recreational Basketball Rules

Head coaches/captains meet prior to the game to meet with officials to discuss game procedure and coin flip for possession of ball. Each team is responsible for providing a scorekeeper.

Game Play

- Two 12 minute halves with continuous running clock. 2 minute halftime.
- One 30 second timeout per team, per game. Clock stops during timeout
- Game is played on half court
- The half court line is considered out of bounds.
- Following a made basket, or dead ball, the ball must be checked in at the top of the arc.
- The ball must be checked back to the offensive player immediately.
- Substitutions may be made during a dead ball, before the ball is checked at the top of the arc.
- A defensive rebound must be taken outside the arc to change possession, both feet and the ball must go outside of the arc.
- All balls that go out of bounds will be checked at the top of the arc.
- The referee's decision is final.

Fouls

- Each player is allowed 4 fouls or 1 technical foul before being disqualified from the game.
- Non-shooting fouls prior to the Bonus will result in the fouled team gaining possession and checking the ball at the top of the arc.
- The Bonus is in effect on the team's seventh and all subsequent fouls.
- A technical foul will result in 2 points plus the ball for the opposing team.
- A PLAYER receiving a technical foul for unsportsmanlike conduct must sit out the remainder of the game, as well as the next scheduled game.
- A COACH who receives a technical foul will be required to leave the building immediately. No exceptions.

Scoring/ Scoring Fouls

- 2 points will be awarded on baskets made inside the arc, 3 points for baskets made outside the arc.
- Any player fouled in the act of shooting will be awarded 2 points and the opposing team gains possession.
- The Bonus is in effect on a team's seventh and all subsequent fouls. Any foul in the Bonus, not in the act of shooting, awards the offensive team 1 point and a new possession.

Please be respectful of opponents, staff and facilities.