



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## NOTIFICATION FOR PARTICIPANTS TO COMPLETE ELEARNING CONTENT

### AMERICAN RED CROSS LIFEGUARDING BLENDED LEARNING INTENSIVE COURSE

Dear Lifeguarding Course Participant:

We are excited to offer you American Red Cross Lifeguarding Blended Learning. Blended learning combines online learning with in-person skills sessions where you will practice skills and demonstrate competency. Please plan to complete all eLearning modules, including the CPR/AED for Professional Rescuers and First Aid final eLearning exam, at least one day prior to your first in-person skills session. Most participants complete the eLearning portion of the course in approximately 8 hours. Your experience may vary widely based on several factors including your PC, internet speed and previous training. I recommend beginning the online session as soon as possible to ensure that you are able to complete all eLearning modules prior to the first in-person skill session.

After creating a log in using your email address and password, click "Launch Course" to begin.

<b>PC/TABLET REQUIREMENTS FOR ONLINE COURSE:</b>	
<b>Processor</b>	Dual-core processor speed greater than or equal to 2.3GHz
<b>Memory</b>	4 GB
<b>Operating Systems</b>	Desktop: Microsoft Windows 7/8/10, OS X Snow Leopard 10.6+ Tablet: iPad iOS 7+ (Safari), Android 4.0.3+ (Google Chrome) This course is not supported on smartphone devices.
<b>Browsers</b>	IE10+, Chrome 49+, Firefox 47+, Safari 9+ Cookies, JavaScript, images and HTML5 audio/video must be supported
<b>Screen Resolution</b>	1024x768
<b>Color Depth</b>	High Color, 32 bit
<b>Bandwidth</b>	2.0 mbps dedicated or faster; broadband Internet access recommended
<b>Audio</b>	Soundcard and either speakers or headphones for multimedia audio



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Please be prepared to provide proof that you completed the eLearning content using one of the following methods.

- Print a copy of your online course completion record available at the conclusion of the eLearning course and bring it to the first in-person skill session. It will read "Proceed to Skill Session".
- Be prepared to login to the eLearning course on the first in-person skill session to display the completion status that appears above the "Launch Course" button.

If you have questions, please contact me directly.

Sincerely,

**Emily Hendershot, MS**

**Senior Program Director**

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The Y: We're for youth development, healthy living and social responsibility