

Main Pool Schedule 2011 (Subject To Change)

During busy times we ask that you be polite to other lap swimming members and share your lane appropriately following lap swim guidelines.

It is possible that there will not be open space for free swimming on busy evenings. Day & Short Term Groups do not appear on the schedule.

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM							
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM							
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM							
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:45 AM							

Member Swim has 4-6 lanes set up for Lap Swimming and 1-2 for open water activities. Be sure to follow lap swim guidelines.

Aquatic Exercise classes generally use 4 lanes of open space for class.

Swim Lessons will use up to 2 lanes at a time.

Lap Swim All Lanes Available.

Sea Otters Swim Team will use up to 5 lanes at any one time.

Groups using the pool swim in 2-3 lanes of open space.

Warm Water Pool Schedule (Subject To Change) 2011

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:00 AM							
5:30 AM							
6:00 AM		Member Swim	Member Swim	Member Swim	Member Swim	Member Swim	Member Swim
6:30 AM							
7:00 AM							
7:30 AM							
8:00 AM							
8:30 AM							
9:00 AM							
9:30 AM			Arthritis Basic 9-9:50 am & 10-10:50 am	Arthritis Basic 9-9:50 am & 10-10:50 am	Arthritis Basic 9-9:50 am & 10-10:50 am		Swim Lessons 9:00-Noon
10:00 AM		Arthritis Plus 10-10:50 am & 11-11:50 am	Arthritis Plus 10-10:50 am & 11-11:50 am	Arthritis Plus 10-10:50 am & 11-11:50 am	Arthritis Plus 10-10:50 am & 11-11:50 am	Arthritis Plus 10-10:50 am & 11-11:50 am	
10:30 AM							
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM	Member Swim	Member Swim	Member Swim	Member Swim	Member Swim	Member Swim	Member Swim
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM							
6:00 PM			Swim Lessons 4:30-6:30 pm	Swim Lessons 4:30-6:30 pm	Swim Lessons 4:30-6:30 pm		
6:30 PM							
7:00 PM							
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM							
9:45 AM							

Member Swim has the entire Warm Water Pool open for **quiet** recreational usage.
 Arthritis Classes are scheduled. **Class participants only.** Pool Closed to anyone not in class.
 Swim Lessons use the majority of the pool. It is possible that it will be closed to anyone not in class.*
 Adult Lessons will use some space depending upon the needs of participants.
 The Pool Facility is Closed

* For Swim Lessons : pool closure to those not participating in a scheduled class is based on the # of participants in class.