



YMCA Membership

Whether you have always been committed to an active, healthy lifestyle or you are embarking on a lifestyle change, the Cumberland YMCA offers the diversity, convenience and programs that are responsive to your needs.

The Cumberland YMCA offers the facilities, equipment, and services listed below:

25 yard pool	"FREE" Babysitting Service	Nutrition Counseling
Warm Water Pool	Indoor Walking Track	Youth Programs
Sauna	Indoor Field House	Adult Programs
Steamroom	Cycling Studio	Silver Sneakers Program
"FREE" Group Fitness Classes	Weight Circuit	Locker Rooms
Cardio equipment	"FREE" Fitness Orientations	Outdoor Pavilion
Free Weights	Climbing Wall	Outdoor Skate Park
Gymnasium	Personal Trainers	Special Events/Rentals

YMCA MEMBERSHIP Categories and Fees

Pre-Teen (12 years of age and under)	\$75.00 annual	
Teen (13-18 years old)	\$25.00 Joining Fee	\$15.00 per month
Student(with valid id)	\$50.00 Joining Fee	\$35.00 per month
Senior (62 years of age and older)	\$50.00 Joining Fee	\$40.00 per month
Adult	\$50.00 Joining Fee	\$53.00 per month
1 adult family with children	\$60.00 Joining Fee	\$67.00 per month
2 adult family with no children	\$70.00 Joining Fee	\$72.00 per month
Family	\$70.00 Joining Fee	\$77.00 per month

All memberships and joining fees are non-refundable. Monthly membership payments must be set-up through an automatic bank draft. A \$35.00 service fee is charged for all returned payments/declined credit cards. The YMCA requires a 30-day written notice to cancel a membership.

Need help with payments

The Cumberland YMCA provides financial assistance for membership and programs based on need. Please call the YMCA to set up an appointment with the membership department at (301) 777-9622 to discuss how the YMCA can help you and your family. Applications for financial assistance are available at the front desk.

The YMCA...We're all in this together.